



Spice or synthetic marijuana* is branded and sold as an inexpensive & legal alternative to marijuana. It is becoming a popular drug among young people.

How is Spice Most Commonly Used:

Smoked:

- hand rolled cigarettes
- mixed with tobacco
- mixed with marijuana
- water pipes (bongs)

Consumed Orally:

- granules dissolved in herbal infusions or teas

Some Other Names for Spice:

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|-------------|---------------|
| • K2 | • Kush |
| • Fake Weed | • Chronic |
| • Skunk | • Madd Hatter |
| • Stud | • Matix |
| • Incense | • Potpourri |

Common Health Concerns Associated with Spice or Synthetic Marijuana Use:

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|-------------|----------------------------|--------------------|
| • Anxiety | • Hallucinations | • Dry mouth |
| • Paranoia | • Increased heart rate | • Nightmares |
| • Agitation | • Increased blood pressure | • Sleep disruption |
| • Nausea | • Redness of eyes | • Vomiting |

Common Misconception of Spice or Synthetic Marijuana Use:

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|---------------------------------|------------------------------------|
| • All natural | • Cannot be detected by drug tests |
| • Safe alternative to marijuana | • Herbal remedy |
| • No side effects | |

*Spice or synthetic marijuana refers to a variety of dried and shredded plant materials with an assortment of psychoactive (mind altering) chemical additives which include active cannabinoid (psychoactive, mind-altering) compounds.

Spice can be purchased, inexpensively (\$7.00-\$20.00), at head shops, gas stations, convenience stores and the internet.